



## Idaho Produce IN-SEASON

### January:

Apples  
Onions  
Potatoes  
Oregano

### February:

Apples  
Onions  
Potatoes  
Oregano

### March:

Apples  
Onions  
Potatoes  
Oregano

### April:

Apples  
Asparagus  
Potatoes  
Oregano

### May:

Arugula  
Apples  
Herbs  
Lettuce  
Potatoes  
Oregano

### June:

Basil  
Arugula  
Snap beans  
Cherries  
Herbs  
Lettuce

Garden and  
Snap peas  
Potatoes  
Radishes  
Strawberries  
Rhubarb  
Raspberries  
Spinach  
Oregano

### July:

Apricots  
Snap beans  
Cherries  
Basil  
Arugula  
Corn  
Cucumbers  
Fresh Herbs  
Lettuce  
Nectarines  
Garden Peas  
Snap Peas  
Potatoes  
Radishes  
Raspberries  
Rhubarb  
Spinach  
Gooseberries  
Strawberries  
Tomatoes  
Zucchini  
Oregano

### August:

Apples  
Apricots  
Blueberries  
Carrots  
Corn  
Cucumbers  
Cabbage  
Nectarines  
Onions

Peaches  
Garden Peas  
Snap Peas  
Plums  
Potatoes  
Radishes  
Raspberries  
Rhubarb  
Strawberries  
Tomatoes  
Winter Squash  
Zucchini  
Basil  
Eggplant  
Gooseberries  
Oregano

### September:

Apples  
Blueberries  
Carrots  
Corn  
Cucumbers  
Grapes  
Gourds  
Cantaloupe  
Nectarines  
Onions  
Peaches  
Pears  
Garden peas  
Plums  
Potatoes  
Pumpkins  
Raspberries  
Winter squash  
Zucchini  
Cabbage  
Oregano

### October:

Apples  
Carrots  
Grapes

Gourds  
Melons  
Onions  
Kale  
Fennel  
Green onions  
Peaches  
Pears  
Potatoes  
Pumpkins  
Tomatoes  
Squash  
Cabbage  
Oregano

### November:

Apples  
Carrots  
Gourds  
Onions  
Pears  
Potatoes  
Pumpkins  
Squash  
Leeks  
Horseradish  
Cauliflowers  
Cabbage

### December:

Apples  
Onions  
Potatoes  
Squash  
Oregano